# I AM U 2023-2024 SCHEDULE 08/30/23

Hrs	Dates	Class Agenda	Instruct.	Home Assignments
3.5	Sep 14, 2023 THR 5pm-8:30pm	FIRST DAY OF CLASS INTRO TO THE I AM U MASTERS PROGRAM	JOA	<ul> <li>Read: <i>Unveiled Mysteries</i> by Godfree Ray King</li> <li>Read: <i>be happy</i>, Robert Holden</li> <li>Read: <i>Prescriptions for Happiness</i>, Deepak Chopra</li> <li>Read: <i>Practicing the Power of Now by Eckhart Tolle</i></li> </ul>
4	SEP 15,FRI 5pm-9PM	THE HAPPINESS PROJECT	JOA	
7	SEP 16,SAT 9am-1pm 4pm-7pm	SPIRITUAL PSYCHOLOGY BASIC SKILLS	JOA	<ul><li>Assign: Basic Skills with students</li><li>Assign: Discover Your Souls Purpose Preparation Homework</li></ul>
9	7 sessions over 9 months.	ASCENSION MEDITATION PRACTICE	JOA	Do your Homework Early!
8	4 sessions over 9 months.	RELATEFULNESS PRACTICE w Luc		Do your Homework Early!
1.5	MON SEP 18 5:00-6:30 PM	LAB PRACTICE Practicing Basic Skills	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MON SEP 25 5:00-6:30 PM	LAB PRACTICE Practicing Basic Skills	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MON OCT 2 5:00-6:30 PM	LAB PRACTICE Preparing for Discovering Your Soul's Purpose	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	OCT 5	Happiness Project Home Assignments		Due: SEP Nurturing Journal Report Assign: OCT Nurturing Journal Report
15	OCT 5-6-7, THR & FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	DISCOVER YOUR SOUL'S PURPOSE	JOA	Read: Feel Free to Prosper by Marilyn Jenett
1.5	MON OCT 9 5:00-6:30 PM	LAB PRACTICE Read: Feel Free to Prosper by Marilyn Jenett	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail

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15	OCT 12-14 THR & FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	MONEY FLOW MAGIC Financial Transformation Workshop Includes 8 online lessons for 8 weeks.	JOA	
1.5	MON OCT 16 5:00-6:30 PM	LAB PRACTICE Lesson 2- Money Flow magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MON OCT 23 5:00-6:30 PM	LAB PRACTICE Lesson 3- Money Flow Magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	OCT 26-28 THR & FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	LIFE ENERGY MASTERY	JOA	<ul> <li>* Due Ho"Oponopono with Student</li> <li>* Due: Freedom-Code and Freedom Method with Self</li> <li>* Assign: Conscious Breathing Coach Certification Curriculum</li> </ul>
1.5	OCT 30 5:00-6:30 PM	LAB PRACTICE Lesson 4- Money Flow Magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	NOV 1 2022	Happiness Project Home Assignments		Due: OCT Nurturing Journal Report Assign: NOV Nurturing Journal Report
1.5	NOV 6 5:00-6:30 PM	LAB PRACTICE Lesson 5- Money Flow Magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	NOV 9-11 THR & FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	SPIRITUAL WISDOM & PRACTICES	JOA	<ul> <li>Read: Act of Consciousness by Adamus Saint Germain</li> <li>Assign: Affirmative Prayer with a Student</li> <li>Assign:Begin Oct Nurturing Journal, Report Due Mov 1</li> <li>Begin Oct Nurturing Journal, Report Due Mov 1</li> </ul>
1.5	NOV 13 5:00-6:30 PM	LAB PRACTICE Lesson 6- Money Flow Magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	NOV 20 5:00-6:30 PM	LAB PRACTICE Lesson 7- Money Flow Magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail

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15	NOV 23-25 THR & FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	QUANTUM ENERGY HEALING WITH THE FREEDOM-CODE LEVEL 1	JOA	<ul> <li>Due: Basic Skills with students</li> <li>Assign: Freedom-Code with Student</li> </ul>
1.5	NOV 27 5:00-6:30 PM	LAB PRACTICE Lesson 8- Money Flow Magic	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	DEC 1 2022	Happiness Project Home Assignments		Due: NOV Nurturing Journal Report Assign: DEC Nurturing Journal Report
1.5	NOV 27 5:00-6:30 PM	LAB PRACTICE Freedom Code	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	DEC 4 5:00-6:30 PM	LAB PRACTICE Freedom Code	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
4	DEC 7 5pm-9pm	SPIRITUAL PSYCHOLOGY BASIC SKILLS 2	JOA	Assign: Basic Skills with students
11	DEC 8-9 FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	ADVANCED FORGIVENESS SKILLS	JOA	<ul> <li>* Due Freedom Code with student</li> <li>* Assign: Ho"Oponopono with Student</li> <li>* Assign: Freedom-Code and Freedom Method with Self</li> <li>* Read: <i>Enjoy Infinite Energy</i> E-book by Joa</li> </ul>
1.5	DEC 11 5:00-6:30 PM	LAB PRACTICE Freedom Code w Forgiveness	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	DEC 14-16 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	FREEDOM CODE LEVEL 2	JOA	<ul> <li>Due: Heart-mapping with Self</li> <li>Due: Conscious Language with Student</li> <li>Assign: Freedom-Code with Student</li> <li>Assign: Freedom Code with Person</li> <li>Buy &amp; read <i>Messages From the Body</i> Michael Lincoln</li> </ul>
1.5	DEC 18 5:00-6:30 PM	LAB PRACTICE Freedom Code 2	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	JAN 1 2024 2023	Happiness Project Home Assignments		Due: DEC Nurturing Journal Report Assign: JAN Nurturing Journal Report
15	JAN 4-6, 2024 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	CO-CREATING YOUR IDEAL YEAR & CONSCIOUS LANGUAGE	JOA	<ul> <li>Due: Gestalt with Student</li> <li>Due: Inner Bonding with Student</li> <li>Assign: Heart-mapping with Self</li> <li>Assign: Conscious Language with Student</li> </ul>

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1.5	JAN 8 5:00-6:30 PM	LAB PRACTICE Heart Mapping	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	JAN 15 5:00-6:30 PM	LAB PRACTICE Freedom-Code	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	JAN 18-20 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	INTRO TO ADVANCED SPIRITUAL PSYCHOLOGY	JOA	Assign: Gestalt with Student Assign: Inner Bonding with Student
1.5	JAN 22 5:00-6:30 PM	LAB PRACTICE Advanced Skills	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	JAN 29 5:00-6:30 PM	LAB PRACTICE Freedom-Code & Adv Skills	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	FEB 1 2023	Happiness Project Home Assignments		Due: JAN Nurturing Journal Report Assign: FEB Nurturing Journal Report
15	FEB 1-3 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	HEALING CHILDHOOD MEMORIES AND RELATIONSHIP PROJECT	JOA	<ul> <li>Due Freedom-Code with Student</li> <li>Assign: Healing Conception and Birth with Freedom Code and freedom Method</li> <li>Assign: Healing Early Childhood with Inner Bonding</li> <li>Assign: Healing School Age w Gestalt</li> <li>Assign: Healing Adolescence w Gestalt</li> </ul>
1.5	FEB 5 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	FEB 12 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
20	FEB 15-17 THR 5-8:30pm FRI & SAT 9am-1pm 4pm-7pm	SEXUAL ENERGY MASTERY *** Note all day <u>Friday</u> & Saturday!	JOA	<ul> <li>Due: Freedom Code with Person</li> <li>Due: Healing Conception and Birth with Freedom Code and freedom Method</li> <li>Read Recovery Text Books</li> </ul>
1.5	FEB 19 5:00-6:30 PM	LAB PRACTICE Freedom-Code andfor Memories and Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	FEB 26 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail

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Hrs	Dates	Class Agenda	Instruct.	Home Assignments
	MAR 1 2023	Happiness Project Home Assignments		Due: FEB Nurturing Journal Report Assign: MAR Nurturing Journal Report
15	FEB 29-MAR 2 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	RISING IN TRUE LOVE And Clearing the HEART WALL	JOA	
1.5	FEB 26 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MAR 4 5:00-6:30 PM	LAB PRACTICE Freedom-Code andfor Memories and Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MAR 11 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	MAR 14,15,16 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	HAPPINESS RECOVERY And HEALING PROJECTIONS	JOA	<ul> <li>Due: Healing School Age w Gestalt</li> <li>Assign: Happiness Recovery Process for Student</li> </ul>
1.5	MAR 18 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Overcoming Compulsivity	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MAR 25 5:00-6:30 PM	LAB PRACTICE Preparation for Intuitive Systems	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	MAR 28,29,30 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	INTUITIVE SYSTEMS Color Rays, Numerology, Astrology, Human Design	JOA	<ul> <li>Due: Healing Early Childhood with Inner Bonding</li> <li>Assign: Fulfillment Coaching a Person.</li> </ul>
1.5	APRL 1 5:00-6:30 PM	LAB PRACTICE Intuitive Systems	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	APRL 8 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	APR 11,12,13 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	INTUITIVE ARTS: TAROT CARD READING	JOA	<ul> <li>Due: Healing Adolescence w Gestalt</li> <li>Assign: Spiritual Reading to Student</li> </ul>

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	APR 1 2023	Happiness Project Home Assignments		Due: APR Nurturing Journal Report Assign: MAY Nurturing Journal Report
1.5	APRL 8 5:00-6:30 PM	LAB PRACTICE Tarot Card Reading	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	APRL 15 5:00-6:30 PM	LAB PRACTICE Freedom-Code/ Adv Skills for Memories & Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	APRL 22 5:00-6:30 PM	LAB PRACTICE Freedom-Code andfor Memories and Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
15	APR 25,26,27 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	FULFILLMENT AND BALANCE COACHING	JOA	<ul> <li>Due: Spiritual Reading to Student</li> <li>Assign: Fulfillment Coaching w a Person</li> <li>Assign: Balance Coaching w a Person</li> <li>Read: The Art of Attracting Clients, Jesse Koren and Sharla Jacobs</li> <li>Read: Landing Clients in 10 Steps, Joa</li> </ul>
1.5	APRL 29 5:00-6:30 PM	LAB PRACTICE Balance & Fulfillment Coaching	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	MAY 1 2023	Happiness Projects Last Home Assignment!		Due: APR Nurturing Journal Report
1.5	MAY 6 5:00-6:30 PM	LAB PRACTICE Freedom-Code andfor Memories and Relationship	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
3.5	MAY 9 5PM-8:30PM	COMPLETION OF MEMORIES AND RELATIONSHIP PROJECTS	JOA	
15	MAY 10,11 FRI-SAT 9am-1pm 4pm-7pm	CLIENT ENROLLMENT  *** All day Friday and  Saturday! ***	JOA	<ul> <li>Due: Fulfillment Coaching w a Person</li> <li>Assign: Enrollment Convers w/ people</li> <li>Read: The Art of Attracting Clients</li> <li>Read: Gutsy Glorious Life Coach</li> </ul>
1.5	MAY 13 5:00-6:30 PM	LAB PRACTICE Client Enrollment	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
1.5	MAY 20 5:00-6:30 PM	LAB PRACTICE Client Enrollment	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail

Hrs	Dates	Class Agenda	Instruct.	Home Assignments
15	MAY 23-25 THR-FRI 5pm-8:30pm SAT 9am-1pm 4pm-7pm	CLIENT ATTRACTION	JOA	<ul> <li>Due: Balance Coaching w a Person</li> <li>Due: Enrollment Conversations with People</li> </ul>
1.5	MAY 27 5:00-6:30 PM	LAST LAB PRACTICE Client Attraction	Students	80-100% of LABS must be attended for "A" 70%-80% for "B" and to Graduate Less than 70% - Fail
	May 30, 2024 Wednesday	FINAL DEADLINE FOR ALL FEES TO BE PAID IN FULL AND ALL ASSIGNMENTS TO BE TURNED IN IN ORDER TO GRADUATE		Final Deadline for all fees to be paid in full and all assignments turned in to graduate.
46	JUNE 15-19 2023 THR-WED,	SOUL-SHINE RETREAT at I AM U VENUE (Physical presence is required) Lodging Found Separately	JOA Dan, Janeen Noorah, Luc	
24	JUNE 20-22 2022 THR, FRI, SAT 9am-6pm	PRACTICAL EXAMS (Physical presence is required)	JOA	
2	JUNE 23 SUN	GRADUATION & LUNCH  10AM at I AM U  12 PM LUNCH TBA		
439	Grand Total Hours	<b>Total Class Hours</b>		